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Metro Drive

Outlander stands out in compact SUV market

pg 11

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Families set funeral plans for teens

TRAGEDY The visitation and funeral services for three teens killed after their pickup truck was involved in a rollover collision in Navan early Sunday morning are held tomorrow and Friday.

Visitation services for Christopher Sabean, 19, and Bradley Rivington, 19, will be held together at Kelly Funeral Home on St. Joseph Boulevard in Orleans at 2 p.m. and 7 p.m. tomorrow.

Sabean's funeral will be held on Friday at the St. Mary's Anglican Church in Navan at 10 a.m. Rivington's funeral will be held at the same parish at 1 p.m.

The funeral for Ginny Marko, 16, will be held at Orleans United Church at 1111 Orléans Blvd. at 1 p.m. on Friday.

Police are still investigating the rollover, which occurred just before 2 a.m.

METRO OTTAWA

News on the Move

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On the web

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Out for a ride

Car Free Day

TRACEY TONG/METRO OTTAWA

Coun. Clive Doucet, left, and Netherlands Ambassador Wim Geerts lead the way during a bike ride to celebrate International Car Free Day and the launch of a student-run bike share program on Colonel By Drive yesterday. Story, page 2.

High cost to clean up river

Sewage plan tabbed at $400M

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

The city has a good plan to keep waste out of the Ottawa River, but the province's environmental commissioner warns it will be worthless without the follow through.

"We could have a dry year next year and situation where there are very few beach closures. Will we lose our taste for spending the money to solve the problem long-term?" asked Gord Miller. "A clean environment costs money — that's a simple fact of life."

Miller said the city could completely eliminate all sanitary sewage spills into the river by 2011, but it would cost nearly $400 million.

According to planning and environment committee chairman Alta Vista Coun. Peter Hume, the city was already planning to spend $250 million.

"We'll have to go to the public and say this is the increase required to eliminate combined sewer overflows from the Ottawa River," Hume said. "I'm confident they'll say that's a good place to spend our money."

A real-time control system is being installed to minimize the levels of raw sewage dumped directly into the river when the system overflows.

If all the funding falls into place, the city could be finished separating storm sewers and sanitary sewers by 2011.

There is a small area in west Ottawa where separating the sewers would be so disruptive that holding tanks should be installed to catch the overflow, but Miller said there is no commitment or decision to install the tanks.

Those three steps are sufficient to ensure that no untreated sewage ends up in the river, but Miller said city beaches could still be closed frequently because of storm water pollution running into creeks that feed into the river.

ShareYourViews
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Newborn OK after car rollover

TRACEY TONG
and TIM WIECLAWSKI

ACCIDENT A 15-day-old baby escaped a rollover collision Monday night with no injuries, Ottawa paramedics said yesterday.

But while paramedics said the child, who was secured in a car seat in the rear seat of a Chevrolet Cavalier, suffered no apparent injuries, two other people were injured.

Just before midnight, paramedics units responded to a collision in the westbound lane of Highway 417 near the Leitrim overpass and found a Chevy Cavalier with damage to the driver's side and its roof.

A 16-year-old female was found roughly 10 feet away from the car, with a fractured left femur and fractured ankle.

Ottawa fire crews had to cut away the driver's door so paramedics could extricate a 25-year-old female driver. She was treated for pain in her lower back and left hip. A 28-year-old male passenger in the front seat was uninjured.

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Local

Use Air Miles to buy monthly transit pass

OC Transpo is offering Air Miles collectors an opportunity to go the distance without ever leaving the city. Collectors can trade 650 Air Miles for a regular adult monthly transit pass. The program encourages people to think about how they can lessen their own impact on the environment, said Bryan Pearson, president and CEO of the Air Miles rewards program. "The addition of the OC Transpo regular adult monthly pass provides our Ottawa-area collectors with an alternative to using their own vehicles and keeps money in their pocket at the same time." METRO OTTAWA

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Councillor urges more cycling infrastructure

TRACEY TONG
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TRANSPORT In the wake of the recent death of a 34-year-old cyclist downtown, a city councillor said Ottawa needs more segregated bike lanes and other cycling infrastructure found in cities like Montreal, Vancouver and Amsterdam.

"Her name was Melanie Harris," said Coun. Clive Doucet yesterday. "She was 34, a graduate of Nepean High School and Carleton University. She was just starting out in life."

The city has shown reluctance in investing in cycling infrastructure, he said. Although things can change, it takes money and political will, he said.

"This is where students come in," he said.

Recently, students successfully lobbied city council to remove the age restriction on student bus passes, he said.

"I would love to see students apply the same pressure on city council ... and demand that more money be invested in implementing the Ottawa Bicycle Plan."

To mark International Car Free Day, a group of Carleton students have offered their peers, university staff and faculty a more environmentally friendly way to get around the city.

The Rideau River Residence Association, the Carleton University Students' Association and the Graduate Students' Association have partnered to start a bike-share program, which launched yesterday.

The program was set in motion last year when campus security donated 10 abandoned bikes, which were fixed up by volunteers, said RRRA president Christopher Infantry.

Any member of the Carleton community can borrow a bike for a maximum of one business day.

Bikes can play an important role in reducing emissions and improving the health of citizens, said Netherlands Ambassador Wim Geerts.

In addition to cycling infrastructure — which includes an extensive system of bike lanes with their own traffic lights and traffic signs — in the Netherlands, cycling is widely considered a mode of transportation to go to work and school, he said.

Revelling in freedom

Terror suspect to keep fighting after bail limits eased

TRACEY TONG
tracey.tong@metronews.ca

On his first day in seven years as a free man, Mohamed Harkat could have done anything.

Instead, he made good on a longtime promise to take his 10-year-old niece, Gabrielle, out for some one-on-one time.

The destination was the Place d'Orleans shopping centre, where the two enjoyed ice cream.

"What a difference one day can make," the Algerian-born terrorism suspect told a press conference yesterday, one day after a Federal Court judge lifted the strict bail conditions he had been living under for the past three-and-a-half years. "What a feeling it was."

To cap off his evening, Harkat took out the garbage — another unexpected thrill, since his wife, Sophie, had been doing the job for two years because the curb was outside the boundary he was allowed to cross.

But Harkat, who happily thanked his family and supporters yesterday, said "complete freedom is far from here."

"Life has been extremely difficult over the past seven years," he said.

After three-and-a-half years in prison, Harkat was not allowed to leave his house unaccompanied. His home was under 24-hour surveillance, his phone tapped and his mail opened.

After the decision to loosen the conditions Monday, surveillance was lifted.

TRACEY TONG/METRO OTTAWA

Terrorism suspect Mohamed Harkat expressed relief at a press conference yesterday after a Federal Court judge lifted the strict bail conditions he had been living under.

Harkat can now go out alone, but must continue to wear a GPS device and has limited access to computers and cellphones. He also has to report to the CBSA once a week.

He will continue to fight for what's right, he said.

"We are also looking ahead," said Colin Stewart with the Justice for Mohamad Harkat committee. "Mo's name still has to be cleared."

Supporters like Stewart are hoping to abolish secret trials, security certificates and the deportation of suspects.

Harkat's is not the only case in Canada, said human rights activist and wife of Maher Arar, Monia Mazigh.

"We have to ask why they used a security certificate and why did they destroy the lives of these people," she said.

"A lot has changed in my life," said Harkat, who insists he has no desire for time alone.

"What (my wife and I) went through will always keep us close," he said.

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News in brief

ROBBERIES An Ottawa girl, 15, is scheduled to appear in court on Oct. 20 to face charges after an investigation into a couple of bank robberies last June. On June 10, two city TD Canada Trust branches were targeted. In both cases, a person passed a note making a demand for money and made off with an undisclosed amount of cash.
TIM WIECLAWSKI/METRO OTTAWA

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Concern arises over lack of parking in Lansdowne plan

MEETING Citing concern over the number of parking spaces proposed in the Lansdowne Partnership plan, Bay Ward Coun. Alex Cullen has called a special joint transit/transportation committee meeting for Oct. 8.

Cullen said a facility that includes a 26,000-seat stadium, an 8,000-seat arena and a shopping centre with a 1,100-seat cinema requires over 10,000 parking spaces, but will only have access to 1,385. "And there is the matter of a sports stadium this size and a shopping centre this size — each requiring access to rapid transit ... but clearly lacking such access."

Orleans Coun. Bob Monette is urging residents to come out to one of the six public consultations held between Sept. 28 and Oct. 6 across the city to make their voices heard.

TIM WIECLAWSKI/METRO OTTAWA

Coroner denies suicide report in boxer's death
The Quebec coroner's office vehemently denies a report that it has concluded boxer Arturo Gatti committed suicide. It disputes suggestions that it agrees with the Brazilian authorities who believe the former champion hung himself. THE CANADIAN PRESS

Canada

Ex-minister pleads guilty

A former provincial cabinet minister pleaded guilty yesterday for his role in Newfoundland and Labrador's spending scandal. Wally Andersen entered the plea in provincial court on charges of uttering a forgery and breach of trust, two years after he was implicated in a scandal that crossed party lines and rattled the province's political establishment. THE CANADIAN PRESS

Shoplifting incident ends with death

CRIME Winnipeg police are investigating a possible case of vigilante justice after a woman died following a shoplifting incident at a family-owned convenience store.

Police say Geraldine Beardy was involved in a theft at the store Sept. 13 and was confronted by an employee. The 29-year-old woman was hit in the upper body with a weapon and fled to a nearby home, said Const. Jason Michalyshen. She died five days later in hospital.

Police would not say what the stolen grocery item was, but a friend of the woman says it was a can of luncheon meat.

An unnamed 61-year-old man has been arrested and faces charges of aggravated assault, Michalyshen said.

A family friend wants to see that charge upgraded.

THE CANADIAN PRESS

Genocide a threat: Report

Canada, U.S. urged to intervene to prevent far-reaching fallout

Canada and the United States should recognize that genocidal disasters such as Rwanda threaten their national interest and they should be prepared to act against such atrocities, says a new report.

While the United Nations has made much of its new "responsibility to protect" doctrine, the new report says what's now needed is "the will to intervene."

The first step to creating that will is the recognition that the fallout from humanitarian disasters can reach across oceans.

"The chaos resulting from these atrocities poses credible danger to Canadian and American national interests at home and abroad," the report says.

Frank Chalk, a Concordia University professor, recognized authority on genocide and co-director of the project which produced the report, said the threats are obvious.

"Displacement and the creation of refugee flows denies people pure water, inoculation, vaccination, treatment, etc., and creates a vast Petri dish for the development of future pandemics and infectious disease," he said.

In a world linked by jets, contagion can leap halfway around the world in hours. "There's also the threat of terrorism arising from these events," he added.

THE CANADIAN PRESS

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Harper touts integrated climate plan

ENVIRONMENT Prime Minister Stephen Harper says Canada needs to take an integrated approach to the climate-change issue with the United States as a major partner.

Harper is back in the Big Apple to kick off a string of international meetings focusing on climate change, trade relations and the economy.

The prime minister will attend a dinner on climate change hosted by Ban Ki-moon, secretary general of the United Nations, as part of a high-level UN climate summit also taking place in the city.

He says Canada's proximity and economic links to the U.S. demand a similar, integrated approach to climate change. Critics have accused the Conservative government of stalling on climate-change efforts.

THE CANADIAN PRESS

Toronto **Rocking out with the Rockettes**

JOHN R. KENNEDY/FOR METRO CANADA

Max Mortimer and Kyle Drinkwater, both 9, get in step with Rockettes Jocelyne Levesque, left, Julie Tomaino, Laura Danelski and Kristin Jantzie at Sick Kids Hospital in Toronto yesterday. The iconic dancers will perform in the Radio City Christmas Spectacular from Nov. 16 to 18 in that city as part of a tour across Canada.

News in brief

SEX LINE Maritime lobster fishermen in need of financial help got a lift of another kind yesterday when they were directed to a toll-free number that was supposed to detail an aid package but connected them to a lusty sex line instead.One of the several toll-free information numbers released by Fisheries Minister Gail Shea hooks callers up to a sex line that offers fishermen nary a detail on the lobster stimulus package.

HEALTH In the face of concerns that swine flu may mount a fall surge, public health officials in Canada are rethinking pandemic and seasonal flu vaccination plans, with issues of timing and vaccine formulation back on the table, a variety of on- and off-the-record sources say. The pros and cons of a number of scenarios are being hashed out, including delaying, cutting back or cancelling the seasonal flu shot effort and maybe even rethinking the decision to use an adjuvant in the formulation of the vaccine.

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Actual people gather to talk Twitter

Twitter is officially the talk of the town as a two-day conference dedicated to the micro-blogging site gets underway in Los Angeles. Pro skater Tony Hawk, San Francisco Mayor Gavin Newsom, actors Tyrese Gibson and Greg Grunberg and addiction specialist Dr. Drew Pinsky are set to talk Twitter. THE ASSOCIATED PRESS

World

Women crucial to economy: Report

Lack of education for girls hampers their earning potential, costing the world's poorest countries billions of dollars a year in lost revenue, says a report released yesterday in Toronto, according to CBC News Online. "Study after study confirms that if young women are economically active, their country's economy grows and all members of their family benefit," said Rosemary McCarney, president and CEO of the Canadian arm of Plan International, which released the report.

METRO NEWS SERVICES

Student beating caught on video

THAILAND A teacher was captured on film beating a 14-year-old student and bashing his head against a blackboard, sparking national outrage and pledges yesterday from education officials to crack down on corporal punishment in classrooms.

The 50-second clip, filmed by a classmate using a mobile phone, was broadcast on a nationally televised morning news program.

The teacher, 29-year-old Weerapong Pongchanoh, expressed tempered remorse at being "too violent for the public to accept."

"I feel terrible for what I did to my student," said the teacher. "But I knew what I was doing. I did not use excessive force to hurt him. Otherwise he would have started bleeding."

THE ASSOCIATED PRESS

Flood death toll rises to 9

Neighbourhoods, schools and even roller coasters were awash in deep murky, brown water yesterday, and officials found a ninth storm victim who had been swept away from her car a day earlier.

Georgia officials warned worried residents to wait for the floodwaters to recede before checking out their damaged homes, and in Tennessee, a retirement centre was evacuated.

Torrential Southeast rains soaked the region for days, knocking motorists from cars and splitting at least one mobile home. A Tennessee man who jumped in the floodwaters was still missing. Washed-out roads and flooded freeways around metro Atlanta caused commuters headaches and hundreds of residents sought refuge in shelters.

About 120 residents of a Tennessee retirement centre were evacuated by boats and trucks and others were ferried from low-lying neighbourhoods and motels in a Chattanooga suburb as two nearby creeks continued to rise.

THE ASSOCIATED PRESS

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Pittsburgh G20 draws protesters

MATT ROURKE/THE ASSOCIATED PRESS

AIDS activists demonstrate in Pittsburgh yesterday prior to the start of the G20 summit of developed and developing nations. The two-day summit starts tomorrow.

News in brief

FRANCE French police razed a squalid camp used by illegal immigrants in scrubland near the English Channel port of Calais yesterday, using backhoes and buzz saws to clear away the dwellings. The destruction of the site ends the migrants' dreams of a new life across the Channel in Britain but signifies what France hopes will be a new era in European immigration control. People who lived there tried night after night to sneak across the Channel.

TERROR The U.S. government expanded a terrorism warning from transit systems to stadiums and entertainment complexes as investigators searched for more suspects in a possible al-Qaida plot to set off hydrogen-peroxide bombs hidden in backpacks. The warnings come amid an investigation centring on Najibullah Zazi, who authorities say received al-Qaida explosives training and was found entering New York two weeks ago with bomb-making instructions.

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No protection for sushi lovers' favourite
A divided European Union failed yesterday to protect the bluefin tuna. Mediterranean nations refused to back a ban on catching the fish. METRO NEWS SERVICES

Ex-president trapped

Soldiers surround embassy in Honduras

Deposed Honduras President Manuel Zelaya and 70 friends and relatives were trapped inside the Brazilian embassy without water, electricity or phones yesterday.

Baton-wielding soldiers used tear gas and water cannons to chase away thousands who demonstrated outside the embassy in Tegucigalpa.

"We know we are in danger," Zelaya said during media interviews.

"We are ready to risk everything, to sacrifice."

Heavily armed soldiers stood guard on neighbouring rooftops.

Helicopters buzzed overhead.

Zelaya, forced out of his country at gunpoint on June 28, triumphantly popped up in the capital Monday.

"We are ready to risk everything, to sacrifice."
Manuel Zelaya

He told supporters that after three months of international exile and a secretive 15-hour cross-country journey, he was ready to lead again.

Interim President Roberto Micheletti's response was terse:

Initially he said Zelaya was lying about being back.

Then after Zelaya appeared on national television, Micheletti pressed Brazil to hand him over under a warrant issued by the Supreme Court charging treason and abuse of authority.

Some officials suggested even the embassy would be no haven for the ousted leader.

"The inviolability of a diplomatic mission does not imply the protection of delinquents or fugitives from justice," said Micheletti's foreign ministry adviser, Mario Fortinthe.

Police and soldiers set up a ring of security in a five-kilometre perimeter around the embassy.

THE ASSOCIATED PRESS

Bush's policies set to live on?

PRIVACY The Barack Obama administration promised yesterday to negotiate stronger privacy protections for Americans.

But it insisted on retaining authority to track suspects and obtain records.

Liberals on the House Judiciary Committee want curbs on what they consider abuses of the Bush administration.

THE ASSOCIATED PRESS

News in brief

PRIVACY Soldiers raiding a drug gang safehouse in northern Mexico found money-stuffed envelopes earmarked for various police forces and one marked for "press," authorities said. THE ASSOCIATED PRESS

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Comment

Is third time a charm?

Elizabeth May heads West for shot at Parliament seat

TheWestView

Paul Sullivan

metronews.ca/thewestview

If there is a federal election this fall — and like the outlook for snow and below-freezing temperatures, the probability is high — one of the most interesting races will be in one of Canada's warmest, if not hottest, spots.

The federal riding of Saanich-Gulf Islands is in Canada's banana belt: The average January temperatures in Sidney, on Vancouver Island, 26 kilometres from downtown Victoria, both highs and lows, are above freezing. It's a nice place to come in from the cold, so you can see the attraction for Elizabeth May, the Green party leader who has struck out cold in two previous attempts to get elected to Parliament.

Three strikes and you're out usually holds in politics as well as baseball, but May has read the organic, herbal tea leaves and argues that a Green party candidate is more likely to get elected in Saanich-Gulf Islands than anywhere else.

At first blush, it makes sense. The riding includes that ultimate eco-hippie enclave, Salt Spring Island, not to mention Pender, Saturna, and Galiano, Gulf Islands, that have an exotic, almost mystical resonance to people living in Ajax or North Battleford. Yet does May really understand what's she getting into? She recently rented a house in Sidney, so the evidence indicates she's been there, but as she walks down the main street, she can be forgiven for having misgivings.

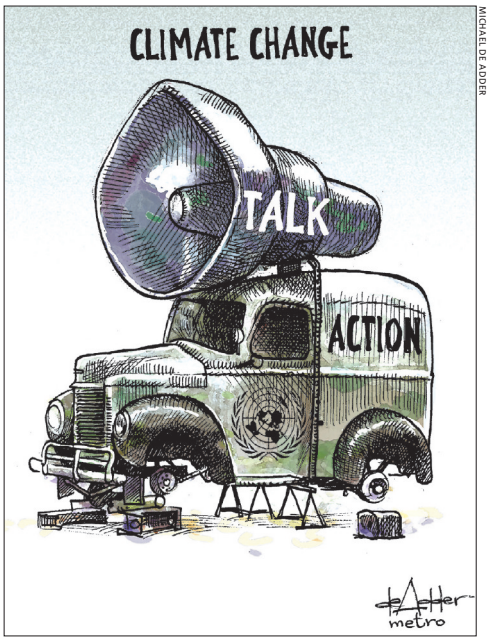
Elizabeth May

For right in the middle of the "downtown" strip is planted the very permanent constituency office of Gary Lunn, the federal minister of state for sport. Conservative Lunn has been electable money in the bank since 1997, while the Liberals, the Greens and the NDP have split the centre, left and the environment vote into various fragments. As in the last election, the Liberals have recruited an environmentalist, University of Victoria climate change researcher Renée Hetherington, to muddy, if not foul, the waters.

And Sidney is the retirement capital of the retirement capital of Canada. Of the 11,000 people who live there, more than 35 per cent of them are older than 65 — 63 per cent are 45-plus. Sidney boasts six retirement homes, five cemeteries … and one rec centre. These people aren't big on change and that nice Gary Lunn will do just fine. One point in May's favour — they're all from somewhere else, too, so the charge that she's a democracy-busting parachute candidate won't work against her the way it did in Central Nova, N.S., scene of her last defeat.

I just hope she knows how to pour tea, lots of tea.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



MICHAEL DE ADDER

Worth mentioning

Let pandas die out, British naturalist says

Conservationists should "pull the plug" on giant pandas and let them die out, according to BBC presenter and naturalist Chris Packham.

"Here's a species that, of its own accord, has gone down an evolutionary cul-de-sac," Packham told Radio Times magazine.

The 48-year-old believes that money spent on conserving the panda would be better invested in other animals as the species is not strong enough to survive alone.

"It's not a strong species. Unfortunately, it's big and cute and it's a symbol of the WWF (Worldwide Fund for Nature) — and we pour millions of pounds into panda conservation. I reckon we should pull the plug. Let them go, with a degree of dignity …"

Pandas number around 1,600 according to the WWF and are threatened by agriculture, logging and China's increasing human population.

But Packham's views are not widely shared. "It is a daft thing for Chris to say, and an irresponsible one," Dr Mark Wright, a conservation science adviser for WWF, was reported as saying by British media.

REUTERS

Word on the street: Do movies have the power to sway opinion on hot-button topics?

Ali Al-Rewashdy
age 22, Ottawa

A: It depends how educated you are. I know a lot of people who will watch a movie and treat it as fact.

Piragas Puveendran
age 18, Ottawa

A: I think it's normal. I watched Sicko by Michael Moore. That changed my opinion about the American health system … I was trusting the movie more than my own research.

Jesse Underhill
age 18, Ottawa

A: Definitely. Milk is a good example. That probably raised a lot of awareness for gay rights. Great movie, too.

Sarah McKenzie
age 28, Halifax

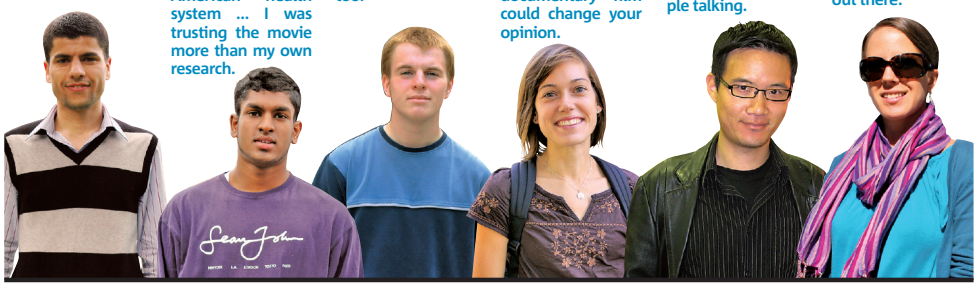
A: Maybe documentary films — if you don't know too much about a subject and you have a certain opinion — a documentary film could change your opinion.

Randy Ai
age 24, Toronto

A: When they become really popular they can take an issue … and bring it to the forefront of public education because it creates buzz … It gets people talking.

Brandy Milne
age 32, Kitsilano, B.C.

A: Movies can definitely change minds — they show different opinions and just puts them out there.



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GM to add shifts at U.S. factories in 2010
General Motors says it will add a third shift to its Fairfax plant in Kansas City in January, followed in April by third shifts at factories in Delta Township, Mich., and Fort Wayne, Ind. The company says about 2,400 workers will be recalled at the three plants because of production increases. THE ASSOCIATED PRESS

Business

DOLLAR	GAS	OIL	TSX
US 93.54¢	US $3.57	US $71.55	11,585.73
US 0.73¢	US 3.3¢	US $1.84	161.12

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Retailers score points with recession weary

Some of Canada's major retailers say the second half of the year is shaping up to be a positive one, and those companies that focus on promotions and lower price points are well positioned to take advantage of recession-weary consumers.

Jurgen Schreiber, CEO of Shoppers Drug Mart Corp., said yesterday the drug store chain has taken advantage of its Optimum rewards program to lure price-conscious customers during the economic downturn.

"Customers love Optimum, and in a recession they love it even more," Schreiber said yesterday at a Scotia Capital conference on consumer trends.

Sixty-five per cent of in-store transactions are now done using the card, he said.

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Meanwhile, consumer product manufacturer Dorel Industries Inc. said the company's main products, which include child car seats, home furniture and bicycles, have proven resilient in the economic downturn.

"Our price points fit the times," said Dorel chief executive Martin Schwartz, speaking at the same conference.

The conference came as Statistics Canada reported yesterday the value of retail sales fell 0.6 per cent during July. THE CANADIAN PRESS

Energy Korea's green growth

LEE JIN-MAN/THE ASSOCIATED PRESS

A guide stands near a model of a future city, using digital technology to save energy and reduce cost, at the Experience Green Growth Center in Seoul, South Korea. President Lee Myung-bak sees a crisis coming for Asia's fourth-largest economy, one of the world's biggest greenhouse gas polluters, amid growing calls to curb global warming.

Facebook defriends Beacon

TECHNOLOGY Facebook is shutting down its much-maligned Beacon marketing program, launched nearly two years ago amid fanfare only to generate a storm of privacy complaints over the tracking of user activities at partner websites.

Facebook agreed to end Beacon and create a foundation to promote online privacy, safety and security as part of a $9.5-million settlement in a lawsuit over the program.

A federal judge in San Jose, Calif., still must approve the terms. THE ASSOCIATED PRESS

Beacon program

- Facebook thought the Beacon marketing program would help users keep their friends better informed about their interests while also serving as "trusted referrals" that would help drive more sales to the participating sites. Sprinkled in with status updates and photos were alerts on what items their friends had bought or reviewed.

Business in brief

COMPUTERS The worldwide personal-computer market is pulling out of its slump quickly and could defy predictions by growing this year, Intel Corp. CEO Paul Otellini said yesterday. Otellini's comments at a conference Tuesday were more bullish than many analysts have been. Market research firms IDC and Gartner have both predicted a year-over-year decline in PC shipments in 2009, which would be the first such drop since 2001. THE ASSOCIATED PRESS

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Bills bolster offensive line
The Bills have signed rookie tackle Jamon Meredith off Green Bay's practice squad to bolster their banged-up offensive line. THE ASSOCIATED PRESS

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Olympic sites still under construction

They were whizzing down the bobsled run and lifting off into space from the Olympic ski jump last year.

VANCOUVER 2010 Games

The venues that will be used by athletes at the 2010 Winter Olympics have been ready, for the most part, for more than a year.

But the modern-day Games are about far more than building a rink or taking down a few trees to build the perfect downhill run, and there are still a million details and a lot of construction left to make Vancouver-Whistler ready to host the world come Feb. 12, 2010.

The Olympic celebrations plaza in Whistler is a mess. Bright yellow construction equipment sits in a giant empty field, and workers on the weekend were madly excavating piles of dirt and rock as others carried 20-foot-long sections of orange pipe back and forth.

And down at Whistler Olympic Park in the Callaghan Valley, workers with pick-axes yesterday were working to ready the spectator viewing area at the bottom of the towering ski jump.

"Even GM Place, perhaps the most elaborate ice facility ever for the Olympics, still needs extra dressing rooms and all sorts of additions — doping control, security, you name it," Vancouver Olympic/Paralympic chief John Furlong told the Toronto Star in an interview.

It's manageable, but the work is taking place in a harsh economic climate nobody at VANOC figured they'd be facing as little as 14 months ago. Marketing had been a huge success, and officials were bringing in record sponsorship dollars.

They've had to trim some niceties from around the edges, but the International Olympic Committee rode to the rescue a month or two back with a sort of bailout. Furlong can now breathe a little easier, but he has promised a balanced budget and is facing considerable pressure to deliver.

"The amount of work that has to be completed over the next four months is tenfold more complex, more detailed, than any period along the way," he explained.

TORSTAR NEWS SERVICE

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KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

Arsenal's Jack Wilshere, centre, is caught between West Bromwich Albion's Simon Cox, right, and Gianna Zuiverloon during their English League Cup third round match at Arsenal's Emirates Stadium in London, yesterday.

Arsenal takes down League Champ leader

SOCCER David Ngog fired Liverpool into the last 16 of the Carling Cup in a 1-0 victory at Leeds while Arsenal beat 10-man West Bromwich Albion 2-0 inspired by Carlos Vela's second-half substitution yesterday.

Ngog scored the only goal in the 66th minute in front of 38,000 fans at Elland Road after a Liverpool side without the rested Steven Gerrard, Fernando Torres and other regular starters struggled to take control against the League One side.

Arsenal also didn't break the deadlock until the 68th minute against League Championship leader West Brom at Emirates Stadium even though the visitor was left with 10 men after the first-half dismissal of Jerome Thomas.

In other action, League One's Barnsley upset Premier League's Burnley 3-2 but Stoke hit back from two goals down at home to Blackpool to beat the Championship side 4-3.

Portsmouth, last in the Premier League after six straight losses, fell behind after three minutes at Hartlepool only to win 3-1.

THE ASSOCIATED PRESS

Major League Baseball goes to China
MLB is opening a development centre in China. The centre for boys of middle school and high school age will open today. THE ASSOCIATED PRESS

FedEx Cup all about the dollars

On an East Lake course that might require a canoe, Padraig Harrington is looking for a wheelbarrow.

The Irishman is not the first player to suggest putting $10 million US cash for winning the FedEx Cup on the 18th green to remind everyone what's at stake this week at the Tour Championship. He simply painted the most compelling picture.

"I do believe they should give out the cash on the 18th green," Harrington said.

"Just sit it there, have a good look at it. We could take it in a wheelbarrow up to the clubhouse. Anything that falls out, it's the caddy's."

For the moment, that's what the FedEx Cup is all about — money.

"I do believe they should give out the cash on the 18th green."
Padraig Harrington

The value of the trophy remains a work in progress.

Does it reward the best year?

It did the inaugural season in 2007. Tiger Woods won five times before the playoffs began, skipped the opening playoff event and then turned the FedEx Cup into a coronation with a runner-up at the next tournament and victories in the last two.

That wasn't the case a year ago, when Harrington had a magical summer by winning consecutive majors and was voted player of the year by every golf organization.

Yet because of a volatile points system, he didn't even make it to the Tour Championship.

Vijay Singh got hot at the right time — August — won the first two playoff events and captured the FedEx Cup.

This year has it just about right — maybe.

The top two players are Woods and Steve Stricker, and rightly so.

They have the most victories (Woods with six, Stricker with three), yet they only kept their spots at the top of the standings by winning a playoff event.

THE ASSOCIATED PRESS

Sports in brief

SENTENCED Former Super Bowl star Plaxico Burress was sentenced yesterday to two years in prison after accidentally shooting himself in the thigh at a nightclub and later reaching a plea deal on weapons charges. Burress was indicted on two counts of weapon possession and one count of reckless endangerment and pleaded guilty Aug. 20. He had faced a minimum sentence of 3½ years on those charges if convicted at trial.

TENNIS Former No. 1 Justine Henin yesterday announced her return to competitive tennis for next year. Henin had been retired for just over a year, but at 27 she again has the fire and physical strength to compete for an eighth Grand Slam title.

DRUG POLICY NFL players have been warned the league's drug-testing program is still in effect despite commissioner Roger Goodell's ruling to delay suspending several players who tested positive for a banned substance. In a joint memo issued by the NFL and the NFL Players Association, players were reminded they will continue to be tested and "a positive test will generally result in a suspension."

HOCKEY The Minnesota Wild have assigned defenceman Tyler Cuma to Ottawa of the Ontario Hockey League. The 19-year-old was Minnesota's first-round pick in 2008 and is coming off a left knee injury in February. He is fully healed, but will return to Ottawa to continue his development. The Wild also assigned six players to their AHL affiliate in Houston to trim their training camp roster to 32 players.

METRO NEWS SERVICES

Blue Jays Turnin' two

DARREN CALABRESE/THE CANADIAN PRESS

Toronto second baseman Aaron Hill, left, turns a double play over Baltimore's Brian Roberts during the first inning of yesterday's contest at Rogers Centre. The Jays beat the Orioles, 6-5, in 11 innings.

Cowen can't crack Sens roster

NHL The Ottawa Senators returned defenceman Jared Cowen to the Spokane Chiefs of the Western Hockey League yesterday.

The 18-year-old Saskatoon native was selected by the Senators with the ninth overall pick in the 2009 NHL entry draft.

Cowen did not record a point and had four penalty minutes in two pre-season games with Ottawa. It was his first game action since suffering a knee injury last January. The Senators' camp roster is now down to 27 players (three goaltenders, eight defencemen and 16 forwards).

Ottawa (2-3-0) will close out the pre-season Friday against the visiting Boston Bruins. THE CANADIAN PRESS

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Metro Workology exclusive: Skilled Trades
For the month of September, Metro's Workology section will be focusing on the extremely lucrative and soon to be booming employment sector of skilled trades. So be sure to read Workology and Metronews.ca/work every day.

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

The nuts and bolts of carpentry and paint

Skilled **Trades**

JON TATTRIE
for Metro Canada

The skilled trades crucial to building homes — carpentry and painting — are in huge demand. While would-be tradespeople learn on the job in some fields, studying at college and doing an apprenticeship might give others an edge.

The Nova Scotia Community College offers a range of trades courses, including carpentry and painting/decorating. Dean Dort teaches carpentry at NSCC and says the demand is high for qualified carpenters; the course itself has a year-long waiting list.

"They're not coming out of here as full-blown carpenters, but they are coming out with a good base knowledge to build on," he says.

"A lot of them, as soon as they're done school, they have jobs lined up. If you can't find work as a carpenter, you're not looking."

The two-year course gives students a basic tool box. They perfect their trade in a two- or three-year paid apprenticeship after graduation. Dort says classes in the first year cover the basics, taking people who may know nothing about carpentry and giving them a solid foundation in the tools and techniques of the trade.

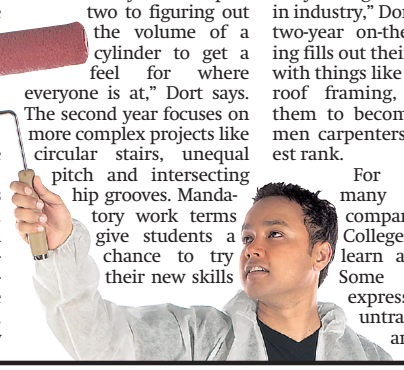
"The first-year instructors start with a test that goes from as easy as two plus two to figuring out the volume of a cylinder to get a feel for where everyone is at," Dort says. The second year focuses on more complex projects like circular stairs, unequal pitch and intersecting hip grooves. Mandatory work terms give students a chance to try their new skills and make useful work contacts.

"When they finish the second year, they are credited with 2,000 hours toward their apprenticeship. They then go out and work in industry," Dort says. This two-year on-the-job training fills out their education with things like timber and roof framing, preparing them to become journeymen carpenters, the highest rank.

For painters, many start with companies like College Pro and learn as they go. Some companies expressly recruit untrained staff and include a teaching as part of the job. Vancouver Island's Home Painting Pro promises a "comprehensive training program" to new recruits. It asks only for a good attitude, a phone and transport.

Formal training as a painter/decorator can be hard to come by, but Newfoundland's Academy Canada offers such a program. After students acquire the basics of the trade, they can work toward becoming journeymen painter/decorators after graduation.

Skilled trades work in carpentry is easy to find, according to one expert.



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Metro Drive

Safety award winners

The 2010 Dodge Journey, Lincoln MKT (pictured) and Mazda3 have been named Top Safety Pick award winners by the U.S. Insurance Institute for Highway Safety (IIHS). To qualify for an award, a vehicle must earn a "good" rating in the Institute's tests, and be equipped with electronic stability control. CANADIANDRIVER.COM

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Outlander works

Compact SUV a standout in segment

JIM ROBINSON
for Metro Canada

When I drove the second generation Outlander back in 2007, I noted Mitsubishi officials were calling it, and the Lancer, the most important cars in the company's short Canadian history.

When Mitsubishi arrived here seven years ago, it did so with a collection of vehicles that were lagging behind the curve.

The Outlander and Lancer set the tone for vastly different lineups of vehicles that have now arrived like the Eclipse Coupe and Spyder, the Ralliarts, the Sportback and the mighty EVO GSR and MR.

Along with new dealerships and new wares, Mitsubishi hoped Canadians would take a second look and it seems to be working.

The 2009 Outlander is longer, wider and taller than the previous generation primarily to offer five- or seven-passenger seating.

Seven-seat models have a standard under-floor stowage compartment and a compact third row seat that folds flat into the floor when not needed. Five-seat models also feature an under-floor storage bin. The second-row seat has 60/40 split fold-and-tumble seat backs that expand cargo capacity.

The second-row 60/40 seats fold independently and offer a 3.15-in. fore/aft slide range to optimize passenger room or cargo room.

When it bowed as a 2007 model, the Outlander was fitted with a 3.0-litre V6 but now a 2.4-litre inline SOHC four-cylinder has been added and found on the entry-level ES. It produces 168 hp and 167 lb/ft of torque. The transmission is a CVT with an adaptive shift system that lets the driver shift "manually".

Fuel consumption is rated at 10.5/7.8L/100 km city/highway for the FWD and 10.6/8.0L/100 km for the AWD.

Pricing starts at $24,998 for the ES FWD and $26,998 for the ES AWD.

The mid-trim level LS and toptrim XLS Outlander models use the same 3.0-litre V6 with 220 hp and 204 lb/ft of torque. Drive is through a six-speed Sportronic automatic transmission with optional magnesium steering wheel paddle shifters on the XLS model.

Fuel consumption here is listed as 12.0/8.2L/100 km city/highway.

Pricing for the LS starts at $27,998 while the Outlander XLS starts at $32,196. Tested here is the XLS with the $4,000 optional Navigation and Entertainment Package. It builds on the Sun and Sound Package adding a GPS navigational system, 40-gigabyte hard disc drive, seven-inch front touch screen monitor, nine-inch monitor for the DVD system in the rear and a back-up camera.

2009 Mitsubishi Outlander

Type: Compact SUV
Price: from $24,998
Engine: 2.4-litre SOHC inline four-cylinder (168 hp, 167 lb/ft); 3.0-litre SOHC V6 (220 hp, 204 lb/ft)

Highlights

- Longer, wider and taller
- Plenty of options

The 2009 Mitsubishi Outlander offers a CUV with a range of engines, drivetrains and trim levels.

AutoPilot

Michael Goetz

Read this week's column at metronews.ca/autopilot

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MAZDA GRADUATE PROGRAM

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

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I am feeling low in energy and slowed down.	■	■
My appetite has changed.	■	■
I am experiencing feelings of guilt.	■	■
I have lost interest in work and pleasurable activities.	■	■
I feel hopeless about the future.	■	■
I feel tense and anxious.	■	■
I am having difficulty making decisions.	■	■
I am having trouble concentrating.	■	■

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Decks add value
Decks are one of the few exterior improvements with any significant return, apart from painting. You can expect a payback of 65 per cent to 90 cent on your investment. HGTV.CA

Reno Rebate

Buyer beware
Two projects that are unlikely to pay off at resale are swimming pools and excessive landscaping (buyers may admire it but few will pay the extra tens of thousands for it). HGTV.CA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Right upgrades can mean savings

LEYLA EMORY
for Metro Canada

IKEA PHOTO

IKEA PHOTO

Installing a butcher's block, like the one on the left from Ikea, can be cost-effective when you're remodelling your kitchen. Ikea also has a new line of faucets, far right.

Updated kitchens and bathrooms can mean money. But the right upgrades can mean savings.

"Product ideas and approaches to decorating are the two big tickets to saving money," says Kristan Cunningham, former host of HGTV's Design on a Dime.

Since appliances are "where you'll put down the biggest chunk of change when you take on a kitchen or bathroom remodel," according to Cunningham, start at the source. "Most appliance stores have a scratch and dent section. Once something has been used as a floor model or has been unpackaged, they have to discount it because, technically, it's not brand-new merchandise. Maybe when they took it out of the packaging it got a scratch. Because of that, you may get 25 to 30 per cent taken off. So there can be huge savings."

From there Cunningham recommends her "fabulous in the front, budget in the back" technique. She suggests using Ikea kitchen cabinet boxes but investing in custom kitchen cabinet doors. Or use a box door cabinet line from Ikea and dress it up with more expensive hardware from Restoration Hardware. "At the end of the day, the details are what makes an entire space feel high end."

The same is true in bathrooms. Instead of replacing the entire sink or toilet, look at improving the fixtures. "Places like Lowe's or Home Depot have a section in the plumbing department that sells replacement fixtures. For instance, just the bathtub valve or toilet flushers — mine was oil-rubbed bronze. I think I spent $14 on it and everyone thinks it's a $3,000 toilet, it looks so high end."

Aside from the details, materials are a great way to upgrade a look and save on cost. "My favourite buy right now is the butcher block at Ikea. There's nothing cheaper that you can put in your house that looks as high end. If you're going to put in a laminate or can't afford granite or stone, butcher block gives you a timeless, completely high-end look at a fraction of the cost."

And while you're there, Cunningham recommends checking out their new line of faucets. "They've joined with Whirlpool for their current range. They have no markings and are very industrial looking. They're a quarter of what you'd pay for a Viking, and I think better looking."

About the HRTC

- The Home Renovation Tax Credit of up to $1,350 applies to alterations "of an enduring nature and integral to the dwelling," meaning anything that is nailed down or wouldn't get transported away.
- The HRTC eligible expenditures are more than $1,000.
- For more, log on to cra-arc.gc.ca/gncy/bdgt/2009/fqhmrnvtn-eng.html.

Avoid decorating disasters with these five easy tips

We pull perfect rooms out of magazines. We buy the must-have pieces. Yet, sometimes we still end up with decorating disasters.

But fret not — Karl Lohnes, Canada AM's home expert, shares the most common mistakes and the basic rules for your stylish space:

1. High-altitude art

Many people hang their artwork too high, which can make ceilings feel lower. As a general rule, says Lohnes, the middle of your art should be about 1.6 metres off the floor.

2. Super-sized sofas

Buying furniture that's too large for your space is "like putting a school bus in a garage; you can't manoeuvre it at all," he says. Your sofa should never be longer than two-thirds the width of the room, so that you can reposition it and add end tables.

3. Teeny tiny area rugs

An area rug should tie the room together, but Lohnes says most people buy rugs that are too small. There should be about 30-35 centimetres of floor space around your rug, and the front legs of all your furniture should be sitting on it.

4. Colour cop-outs

Another common error is choosing "wimpy" paint colours, says Lohnes. "Most people play it safe, so they look at the fan deck and they find the colour they like and go up one," he explains. But the bigger the space, the more "oomph" your colour should have. So choose the deeper hue, which will have the power to pull the room together.

5. Trend overload

Sure, lemon tiles seem like a good idea today, but will you still like them in a few years? Lohnes suggests putting a spending limit on trend pieces, because "You shouldn't feel like you can't get rid of it in six months."

TORSTAR NEWS SERVICE

Most people buy rugs that are too small, experts say.

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Plan ahead
If you're selling, focus on the renovations a buyer would be most likely to undertake. You might want French doors and a Juliet balcony in the master bedroom, but if your kitchen is 25 years old, you're better off directing your home improvement dollars there. HGTV.CA

If you're going to repaint your kitchen cabinets, be sure to remove all hardware, doors, drawers and hinges, and label each piece to ensure it's reattached properly, experts suggest.

Painting furniture simple

LEYLA EMORY
for Metro Canada

A fresh coat of paint on cabinetry and furniture is one of the more simple and effective home improvements you can do. Provided you can do it.

The first step is to "remove all cabinet hardware, doors, drawers and hinges and label each piece to ensure it is reattached in the proper location," according to the experts at Home Depot Canada.

"Whether you're painting or staining, never work with the door hanging," says George Cuccovillo, president of The Painters Group. "Place it on a flat surface so it's easy for you to work on."

Next, thoroughly clean all surfaces. With cabinetry or furniture, the key is to have a good base on which to apply the paint.

"Wipe it with a cloth and cleaner. Give it a good sanding. Patch up any holes or gaps with caulking and give it a good sanding," says Cuccovillo.

"Then prime the piece before painting or staining."

When applying a stain, the amount of time it stays on the wood determines the intensity of the colour. For beginners, Cuccovillo recommends applying the stain, drying it with a rag right away and repeating the process until the desired colour is achieved.

It's safer because "you can always go darker, but lighter, you have to start from scratch," he says.

Finish with a water or oil-based varnish, depending on the desired look.

"You can give it a flat finish, semi-gloss, satin, or high-gloss finish," he says. "The oils give more of a high-gloss finish and the water-based more of a flat finish."

Paint is more forgiving but takes longer. "With paint, the colour you see is the colour you get," says Cuccovillo. "Just brush it on."

To achieve a smooth surface, he recommends using a sponge roller. For a more durable finish, he suggests going with an oil-based paint.

But always wait for the first layer to dry before applying the next coat. The time it takes to dry can depend on the temperature in the room.

"Generally, oil paint takes a few hours to dry," he says. "But if the weather is humid, it can take longer so you have to make your own judgment. If the paint is still tacky, it's not ready."

You can do as many coats as you want with paint, but be careful not to lose the details in the piece. And since the desired finish is already in the paint, there's no need for varnish.

How to choose the right fireplace for you

Now that fall is here, there's nothing better than curling up to a nice, warm fire. A fireplace will help keep you keep cosy, but it should also be safe and energy-efficient. If you're looking to add a new fireplace to your home or upgrade an existing one this season, make sure you know all the options available.

Gas fireplaces are popular because they are clean burning and don't require standard chimneys.

Wood-burning

Wood-burning fireplaces are great for those who love the majesty of an open fire, the smell of burning wood and the sound of crackling logs.

However, you may not know that older wood-burning fireplaces are not very energy-efficient and can pollute the environment. The good news is that there are newer, safer, and more advanced wood-burning fireplaces available. Look for models that are certified by the U.S. Environmental Protection Agency (EPA), as they emit 90 per cent less smoke than traditional wood-burning fireplaces and distribute heat better in your home. (The standards set by the EPA are also applicable in Canada.)

Electric

Electric fireplaces are the perfect way to set the mood, and temperature, at the flick of a switch. They are safe, convenient, low-maintenance and cost little to install.

Although electric fireplaces probably won't add to the value of your home like other types might, they are great for small spaces and don't require a chimney or outdoor venting.

Most models also come with the option of having the decorative fire turned on while the heating element is off, a great feature if all you're looking for is a little ambiance.

Gas

Gas fireplaces are popular options because they are clean burning, efficient, and don't require a chimney.

Although they may not offer the same flame sensation as real wood-burning fireplaces, gas is more energy-efficient and you won't need to worry about cleaning up woodchips or ashes. They also distribute heat better and provide a constant supply of fuel, even if the power fails. Look for models that have an Annual Fuel Utilization Efficiency rating; the higher the rating, the higher the efficiency. NEWS CANADA

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Mexico travel stays strong

Despite concerns about Influenza A (H1N1), also known as swine flu, and drug-related crime, Mexico took four of 10 spots on a list of top fall destinations booked through Travel Leaders. Cancun was No. 2, Riviera Maya was No. 3, cruises to Mexico were No. 7 and Playa del Carmen was No. 10. THE ASSOCIATED PRESS

Travel

UNDERGROUND

A river runs through it

If you've ever tried to navigate the London Underground at length, you may have discovered the system isn't as simple as its colourful, iconic map would suggest. And the price of arriving at the wrong destination? A lot of walking, stair-climbing and explaining to ticket collectors why you bought the incorrect fare. So it's with trepidation that we note the new Underground maps are inexplicably missing the River Thames, a rather key piece of the city's geography. Next time we visit, we'll be hunting down an old map to bring along. METRO NEWS SERVICES

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5 hotels with holy provenance

These accommodations are a blessing for travellers

EMMA E. FORREST
Metro World News

Left, a view of the wine cellar at the Convento do Espinheiro, a former convent turned luxury retreat in Evora, Portugal. Right, the hotel's Restaurante Divinus.

You won't find a party atmosphere when you stay overnight at a convent or monastery, but you sure can't knock the experience for novelty value.

Many such institutions offer plain but clean rooms or dormitory style accommodation, although don't expect cable TV or a Michelin-starred room service menu. Some may even expect you to join in daily prayer sessions or impose evening curfews, which is not ideal if you're looking for a clubbing holiday.

But not all holy hotels are austere and guilt-commanding; some are upbeat and wholesome health farms, others are now luxurious five-star retreats that benefit from the beauty of the building and surroundings.

Here's our guide to the hotels and hostels that could be the answer to your holiday prayers.

Convento do Espinheiro, Evora, Portugal

What was once a convent visited by royalty has been transformed into a super luxurious retreat, making splendid use of the building's stunning features.

There's been a convent in this location just outside the UNESCO town of Evora in the rustic surroundings of the Alentejo region of Portugal since 1458.

Nowadays the lodgings have been transformed into majestic suites and a gourmet restaurant is located in in what used to be the wine cellar. There are wine-tasting sessions in the cloisters and a beautiful church — covered in hand painted tiles and gold engravings — which holds monthly mass as well as occasional weddings and christenings.

The Convento has just opened its fabulously hip modern wing with rooms featuring contemporary art and designer furniture, and in the spacious but manicured garden there's a pool area that wouldn't look out of place in Miami. From about $360; conv entodoespinheiro.com.

Marienkron Abbey & Hotel, Mönchhof, Austria

Since the 1970s, the Sisters of the Cistercian Order have balanced their daily prayers with a running a full hydrotherapy resort. These dynamic sisters offer a full wellbeing retreat at their convent, with upbeat fitness classes, medical diagnoses, aromatherapy massages, Tibetan meditation sessions, and vigorous runs and bike rides round their substantial grounds.

From about $98 for full board; see marienkron.at.

Le Couvent D'Herepian & Benoit, Provence, France

This 17th century convent, at the edge of the regional park of the Languedoc area in France, has been thoughtfully transformed into a luxury boutique hotel with spa. Nearby, Garrigae Resorts has also transformed a monastery into a resort with holiday homes in the heart of the former friary. From about $190; garrigae resorts.com.

Convento do Carmo, Salvador, Brazil

The Brazilian city of Salvador is the heart of the country's mysterious Candomble religion, but this monastery was built by an order of Carmelite Friars in 1586. Now, it's the first luxury historic hotel in Brazil, and part of the Portuguese Pousadas chain — which painstakingly and tastefully transforms castles, palaces, convents and monasteries into unique hotels. From about $280; visit pestana.com for further information.

Foresteria Venezia, Venice, Italy

This is a cheap way of staying in the heart of Venice with a view over the canal. Run by the Methodist church, and a stone's throw from the central square of St. Mark's, the accommodations might be basic but you can't argue with the location. The dorms are ideal for families, and there are doubles with en suite bathrooms for couples. Save here and you can splurge on a ride on an iconic gondola through the city. From about $35, including breakfast; see www.foresteriavenezia.it.

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Local kid makes good

Travellers arriving at Halifax Stanfield International Airport are being reminded that the city is the hometown of hockey superstar Sidney Crosby. A banner showing the Pittsburgh Penguins captain hoisting the Stanley Cup has been hung in the arrivals area. THE CANADIAN PRESS

Network exposes Parisians' friendly side

A cure for Parisians' brusque, haughty reputation may be at hand. Take a website, add a hint of anise-based pastis liqueur, a game of petanque and international travellers ready to mingle.

Two young entrepreneurs are introducing visitors to Paris life à la francaise. On a recent evening, they brought out the pastis, some water to mix it with, fruit juice and Coca-Cola for an international happy hour al fresco. With the Eiffel Tower in the background, people opened snacks and bottles and started chatting.

Remi Brichant, 25, and Guillaume Giler, 24, launched a website in May that organizes social events, EnjoYourParis.com. The idea came from a personal travel experience. When Giler studied abroad in Australia a few years ago, he was put in touch with a local student who showed him around his new campus and introduced him to people.

Brichant and Giler thought Paris should have a similar service and decided to take the concept further by creating special events where international visitors could meet Parisians to talk, share and just have fun. In a few months, some 600 members signed up.

"In Paris, there are so many foreigners, and Parisians are known to be difficult to meet," Giler said.

"In Paris, there are so many foreigners, and Parisians are known to be difficult to meet."
Guillaume Giler, EnjoYourParis.com founder

As the sun set and the evening light grew pink, a group of approximately 20 people formed around the table, introducing themselves to one another, mostly in English or French. Aurelie Bernos, 25, poured drinks. She grew up in Paris and lived in Australia for a year while in school.

"It's fun, there are always new people," she said. She brought along a work colleague, Fabien Huett, 28, from southern France, who lived in Paris for eight years. Like the participants from faraway lands, he says it has been difficult for him to meet Parisians.

Marcus Grambau, 24, was on a two-month visit in Paris from Melbourne. "I didn't want to spend two months here alone," he said. The first event Grambau attended was on Bastille Day.

For the national holiday, Brichant hosted a party at his parents' apartment, which has a view of the Eiffel Tower. When the fireworks set off from the Parisian landmark, the international group had one of the best seats in the city to watch the show.

"If I hadn't joined the group, I would have been standing in the crowd like everyone else," Grambau said.

Since meeting up with the EnjoYourParis.com crowd, he's made friends with three French people and regularly meets them for drinks and dinner. THE ASSOCIATED PRESS

Good to know

• Sign up at fr.enjoyourparis.com and fill out the questionnaire. Check what interests you — cultural, food, or nighttime events are some of the categories. Once logged in, you'll be able to see the calendar and who has signed up. Brichant and Giler also send out a weekly email newsletter to let people know what events are coming up. THE ASSOCIATED PRESS

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Hasselhoff denies drunk allegation

David Hasselhoff is looking to correct rumours that he was taken to the hospital after collapsing drunk over the weekend. His lawyer said Hasselhoff had a bad reaction to a medication, according to Exposay. **METRO WORLD NEWS**

Entertainment

On the move

Matt Damon is moving to California so he can be closer to Ben Affleck — both famous actors are currently raising young daughters.

FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Good times at the Trailer Park

Looking back at the show's funniest moments

PHIL BROWN
for Metro Canada

Trailer Park Boys: Countdown To Liquor Day is the final entry in the franchise.

Drug dealing, faking disability, excessive drinking, gunfights, pepperoni, and a shopping cart stealing racket.

Who could have guessed that these would be running gags on the most popular Canadian comedy series of the last decade? In 2001, Showcase took a risk by funding a weird mockumentary about a group of loveable low-level criminals called the Trailer Park Boys.

Today, Ricky, Julian, and Bubbles are Canadian pop culture icons.

The release of the gang's latest movie Trailer Park Boys: Countdown To Liquor Day has arrived, and since it will be the final entry in the franchise (for now), it seems like a good time to look back at some of the funniest moments in the history of The Trailer Park Boys.

1) Ricky Kidnaps Rush: Perhaps the most beloved episode of the series (for good reason) has got to be the one in which Ricky kidnaps Alex Lifeson from Rush when Bubbles is unable to get tickets to his concert. This led to a private concert for the boys and also helped transform the cult series into a nation-wide phenomena.

Best Line: "This isn't kidnapping, I'm borrowing you for a little bit." Ricky (while escorting Alex Lifeson at gunpoint)

2) Feeding A Dog Brownies: In one of the finest episodes from the first season, Ricky attempts to babysit his daughter and a neighbour's dog with disastrous results. Ricky ends up getting shot by his preteen daughter and accidentally feeding the dog a tray of special brownies. The result was a hilarious and boundary-breaking 20 minutes that helped set the tone for the rest of the series.

Best Line: "The dog is on dope, you guys are intelligent." Sam Losco (veterinarian)

3) Know what I'm sayin?: One of the more beloved secondary characters on the series has got to be J-Roc, the incredibly white leader of the trailer park's hip-hop community who fancies himself the next Eminem. The problem is that he doesn't quite have the same skill or connections, but does have an irritating tendency to spawn his own catch phrases and run them into the ground. None of which are quite as entertaining as his inability to end any sentence without adding a "know-what-I'm-sayin."

Best Line: "Why you always counting my 'know-what-I'm-sayin's? Are you takin' a know-what-I'm-census?" J-Roc

4) Conky: In season four the series had reached a new level of popularity and was awarded a larger budget. As a result creator Mike Clattenburg and co. made a season filled with ambitious and surreal plotlines that expanded the possibilities of the show. None of these new developments were as bizarre or memorable as Bubbles' hand puppet Conky that seemed to take over the show's most lovable personality. A fan favorite and a series highlight.

Best Line: "Those were excellent negotiation tactics you used, Patrick Swayze." Conky

5) The Hash Driveway: In season five the boys decided to conceal a massive collection of hash by melting it down into the world's most potent driveway. Nuff said.

Best Line: All of them.

Movie **feature**

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Travolta blackmail case begins in Bahamas

Opening arguments have begun in the trial of two people accused of trying to blackmail John Travolta following his son's death in the Bahamas.

The movie star is among the witnesses expected to testify but he was not in the Nassau courtroom as the proceedings began.

Travolta

A former Bahamas senator and an ambulance driver allegedly demanded $25 million to stop them from publicizing a document related to the treatment of Travolta's chronically ill 16-year-old son. Jett Travolta died from a seizure at a family vacation home in January. Former Senator Pleasant Bridgewater and paramedic Tarino Lightbourne have pleaded innocent to extortion charges.

THE ASSOCIATED PRESS

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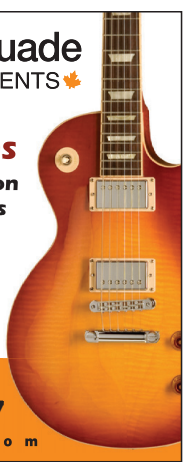

Eminem takes Apple to court

MUSIC Eminem's music publisher wants a bigger slice from Apple.

Eight Mile Style LLC is suing Apple Inc., claiming it never authorized the use of 93 songs in a downloadable format on the popular iTunes service. The publisher is alleging copyright infringement.

A trial is scheduled for today unless a deal is reached. Apple denies the allegations. It says it has a valid agreement with Aftermath Records, which owns the sound recordings at issue.

THE ASSOCIATED PRESS

Klum expected to give birth soon

Heidi Klum reportedly sat out the Ann Taylor fashion show out of fear of labour pains, according to Babble. The very pregnant Klum is expected to give birth to her fourth child any day now. METRO WORLD NEWS

Smith's doctors warned

Three pharmacists cautioned against drugs, say affidavits

A Los Angeles pharmacist told reality TV star Anna Nicole Smith's internist that the drugs the internist prescribed to the model after her son died were "pharmaceutical suicide," according to unsealed documents written by state officials.

Smith's doctors were warned about prescription drugs by three pharmacists, according to unsealed affidavits obtained Monday by the Los Angeles Times.

The pharmacist refused to fill the prescriptions and later recalled thinking, "They are going to kill her with this."

The documents are part of an investigation of the role that Smith's doctors, psychiatrist Khristine Eroshevich and internist Sandeep Kapoor, had in her overdose death in February 2007.

The physicians and Smith's boyfriend and attorney Howard K. Stern pleaded not guilty May 13 to conspiring to illegally provide her with controlled substances. A preliminary hearing is scheduled for next month.

"They are going to kill her with this."
A pharmacist who refused to fill Smith's prescriptions

In court papers filed last week, prosecutors said they plan to call the model's bodyguard and Larry Birkhead, the father of her daughter, Dannielynn, as witnesses.

The documents also cite evidence that both physicians crossed professional boundaries by having sexual contact with their famous patient.

Calls to attorneys representing Eroshevich and Kapoor were not immediately returned Monday.

The first request for drugs came five days after her son died and asked for two sedatives, 300 tablets of methadone, a muscle relaxer, an anti-inflammatory drug and four bottles of a strong painkiller.

THE ASSOCIATED PRESS

According to unsealed affidavits, three pharmacists warned deceased reality TV star Anna Nicole Smith's doctors about overprescribing drugs following her son's death.

Entertainment in brief

NEW SERIES A Vancouver TV writer is hoping to launch a new series that will focus on the trials and tribulations of the war in Afghanistan. Combat Hospital, the show's working title, plans to focus its attention on the Role 3 Multinational Hospital at Kandahar Airfield. THE CANADIAN PRESS

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metro

Locklear reprises Melrose role

Locklear

TV Heather Locklear is reprising her signature role as scheming Amanda Woodward on its updated version of Melrose Place, the CW network announced yesterday.

Locklear will make her debut appearance Nov. 17 on the prime-time soap. The revived Melrose Place premiered earlier this month.

The 47-year-old Locklear joined the original Melrose Place in 1993, at the end of the first season. She stayed throughout the series' seven-year run. No details were released on how many appearances Locklear will make on the series. THE ASSOCIATED PRESS

Kenya's Style
Kenya Hunt
Exclusively at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

DT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/23/09 primetime	265	353	2	TVO	Andes: The Dragon's Back		The Agenda With Steve Paikin		The Street		The View From Here (N)		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Bones (HDTV PA) (N)		Glee "Preggers" (N)		Melrose Place "Grand"		News Final
	-	-	5	SRC	Virginie (SC)	L'Épicerie (N)	Le Moment de vérité (SC)		Hauts		Le Téléjournal (N) (SC)		TJ Ontario
	209	342	6	CHRO	Degrassi: TNG	TMZ (N)	Dancing With the Stars		The Beautiful Life: TBL		Eastwick "Pilot" (N)		Comedy Now
	196	311	7	CTV	etalk	Dance	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY "Epilogue" (N)		CTV News
	208	303	8	CBC	Wheel-Fortune	Jeopardy! (N)	Dragon's Den (HDTV)		The Tudors (DVS)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Mercy (N)		Law & Order: SVU		The Jay Leno Show (N)		News
	117	713	10	TVA	Spécial bloopers TVA		Destinées (HDTV) (SC)		Dr. House (HDTV) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
	-	-	11	QS	450 chemin	Rire et délire	Distraction (SC)		Lie to Me: Crimes et Men		Wipe Out	L'Attaque à 5	
	137	763	12	TFO	Panorama		Il était une fois "Joe Dassin"		*Deux crimes* (1994, Drame) Damian Alcazar, José Carlos Ruiz.				Passions
	-	362	13	CBS	The Insider (N)	Judge-Brown	Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY "Epilogue" (N)		Two/Half Men
	216	395	14	OMN2	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Gloriously Free
	214	344	15	CITY	Hell's Kitchen (PA) (N)		Mercy (N)		Modern Family	Cougar Town	The Jay Leno Show (N)		News
	115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere II	Omni News:	The Simpsons	King of the Hill	Metropia
	218	345	18	CHCH	*Rumble Fish* ★★ (1983, Drama) Matt Dillon, Mickey Rourke.				*Extremities* ★★★ (1986, Drama) Farrah Fawcett.				News at 11
	-	361	20	ABC	Action News	Entertainment	Dancing With the Stars		Modern Family	Cougar Town	Eastwick "Pilot" (N)		News
	512	396	24	CPAC	In Conversation with Macleans's Conversation avec Maclean's.				L'Heure politique			Tête-à-tête	Dossier public
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance		Glee "Preggers" (N)		FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	From the Top	Folklore and Frost		Live From Lincoln Center (N)				Charlie Rose
	205	312	104	CTV	etalk	Dance	America's Next Top Model (N)		Criminal Minds (N)		CSI: NY "Epilogue" (N)		CTV News
news	502	390	26	NW	CBC News	Fortune	CBC News: Tonight (N)		CBC News: The National		Spies Who Came		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Baseball Baltimore Orioles at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Con.	Sportsnet Con.	Sportsnet Con.
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	Top 10-Olympic Moments		2009 World Series of Poker		2009 World Series of Poker		SportsCentre (HDTV) (Live)		
	410	403	52	SCR	RaceNight						WWE Vintage Collection		Score Now
family	411	457	56	OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters		Bounty Hunter
	417	406	59	SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pass Time (N)	Pass Time (N)	Wrecked	Wrecked	Pimp My Ride
	554	544	48	TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline Proj
cable variety	570	580	29	MM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Gene Simmons	Gene Simmons	The Daily Fix
	615	520	31	A&E	Criminal Minds (HDTV)		Dog the Bounty Hunter		Dog the Bounty Hunter		Dog the Bounty Hunter		Criss Angel
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		UFC Unleashed (HDTV)		UFC Unleashed (HDTV) (N)		The Ultimate Fighter (N)		Ult. Fighter
	521	560	34	TLC	Restorer Guy	Stager	I Didn't Know I Was Pregnant		Your Kid Ate What?		Toddlers & Tiaras		I Didn't Know
	145	761	35	TV5	Devoir d'enquête		Sagan Rencontre avec l'auteure de Bonjour Tristesse.				Mixeur	Sport	TV5 Le Journal
	616	521	39	SHO	The Outer Limits		The Guard (HDTV)		Found.	Paradise Falls	Bones		NCIS
	620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Star Portraits	Allan King		Law & Order
	520	505	42	DIS	Daily Planet (N)		Pitchmen "Smells Like Gold"		Mighty Ships		Mayday		Daily Planet
	575	583	43	CMT	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Due South
	601	562	45	SLC	Rich Poor	Rich Poor	Carlawood	Nearly Dead	Newlywed	Newlywed	In Laws	In Laws	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	The Red Green Story (N)		Daily Show
	294	529	47	TBS	Family Guy	Family Guy	Law & Order: SVU		The Office	The Office	*Road Trip* ★★ (2000, Comedy)		
	600	564	49	H&G	House Hunters	Property Virgin	Big City Broker	The Stagers	Property Virgin	Hid Potential	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Torchwood "Sleeper"		Supernatural (HDTV) (N)		InnerSpace (N)
	581	566	53	MTV	Bitch Is Back	After	MTV News	Parent Control	True Life		True Life (N)		MTV Live
	618	524	54	TROP	King	King	Stunt Stars "12 Rounds"		ET Canada	What Happen?	Family Guy	King	King
	522	506	55	HIS	Expedition Africa (N)		Life After People		Ice Road Truckers		Expedition Africa		Outlaw Bikers
	129	773	60	CD	Biographies "Jack Black"		Voyage d'enfer "Équateur"		Destr Expr	Vancouver	Preuves à l'appui (HDTV)		Images-chocs
	261	394	61	V	Murder, She Wrote		Keeping Up	Foot in Grave	Doc Martin		Unscripted	Driven, Vision	Poltergeist
	602	567	62	W	Old Christine	Friends	Friends	Grocery Bag	Grocery	Yourself Sexy	Younger		Supersize-Skin
	269	350	70	APTN	Investigates	Reel Insights		Wings-Canada	Canadian Geographic		Chiefs		Storytellers
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	603	561	95	FN	Ricardo	Fresh-Anna	Dear Food Network		Iron Chef America		Chopped (N)		Chef School

critics'corner

Eastwick

There's a saying that God is in the details, but ABC hopes the devil is in the ratings with this new TV series adapted from the John Updike novel and 1987 movie hit "The Witches of Eastwick." Lindsay Price, Rebecca Romijn and Jaime Ray Newman star as three women in a New England village who are drawn together by a handsome newcomer (Paul Gross, "Due South") who unleashes unique powers in them. Sara Rue, Veronica Cartwright and Johann Urb co-star. 10 PM on 20 ABC, 6 SHRO

The View From Here

The term "cat lady" conjures up a vivid image of an elderly woman, lonely and possibly a little dotty, with a house overflowing with feline companions. But as Christie Callan-Jones documentary "Cat Ladies" reveals, not all of them fit the stereotype. She profiles four of them, all unique but with one thing in common: They adore their cats. 10 PM on 2 TVO

Khloe in a rush

Khloe Kardashian is not wasting time on wedding planning. After only a month of dating, the reality star will wed L.A. Laker Lamar Odom on Sunday, leaving time for a honeymoon before the Lakers preseason begins Oct. 7, usmagazine.com has confirmed. METRO NEWS SERVICES

Celebrity Buzz

Suri's girly sartorial habits

LITTLE ADULT My, how she's growing!

Suri Cruise, 3, retained her chic child status Monday, sporting a pair of high heels while shopping with mom Katie Holmes in Boston (where Tom Cruise is shooting his new action comedy, Wichita), usmagazine.com reports.

"Suri's very much like her mother," Cruise told Hello! magazine last year. "She will not wear trousers, only dresses. I put a pair of trousers on her and turn and leave the room and straight away the trousers are off and a dress is on instead!

"The other day, Kate showed her some gold-coloured sneakers thinking she might like to wear them, and she looked at them and said, 'Oh mommy, these are lovely, but they're boy shoes,'" he added. "She's sweet, but she's very strong-willed — just like her mother."

METRO NEWS SERVICES

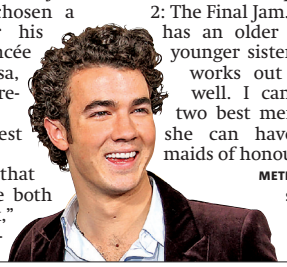
JoBros the best men

PRE-WEDDING PLANS Kevin Jonas, the oldest Jonas Brother, has chosen a best man for his wedding to fiancée Danielle Deleasa, people.com reports.

Make that best men.

"I decided that it's going to be both Joe and Nick," Kevin, 21, confirmed to People on the Toronto set of Camp Rock 2: The Final Jam. "Dani has an older and a younger sister, so it works out really well. I can have two best men, and she can have two maids of honour."

METRO NEWS SERVICES



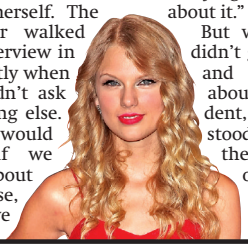
Can we change the subject?

HOW RUDE No one is more tired of talking about Kanye West's interruption of Taylor Swift at the VMAs than Swift herself. The young singer walked out of an interview in Florida recently when the DJ wouldn't ask about anything else.

"I really would appreciate if we could talk about something else, because I've asked you three times now," Swift pleaded, according to Hollyscoop. "I'm trying to be nice about it."

But when the DJ didn't get the point and kept asking about the incident, Swift calmly stood up and left the studio without a word.

METRO WORLD NEWS



Jessica devastated without Daisy

LIFE PARTNER After losing her beloved maltipoo Daisy to a coyote attack last week, friends fear Jessica Simpson may be at the lowest point of her life, people.com reports.

"Daisy was her baby," one of them told people.com. "It's going to put her into a tailspin. It will put her into the worst place ever."

But another source close to the actress says she's coping better than her friends may realize.

"She's really upset, but she's not spiralling out of control by any means," this source said. "She'll get through this but it is like losing a family member."

Daisy was perhaps one of the most pampered pets in Hollywood. Simpson fed Daisy steak, not dog food, and referred to herself as "Daisy's Mommy." When leaving the house, Simpson left on the air-conditioning for her dog; and when Daisy was sick, Simpson refused visitors so that they wouldn't wake Daisy. She threw Daisy birthday parties, and when she talked about having a "girls' night in" with a video, she was talking about herself and Daisy.

Whenever she was out at night, Simpson called home and had "someone put Daisy on the phone so she could say goodnight."

"Daisy ran the household," the friend said. "If Daisy didn't like you, you were gone. Sometimes if her regular hair and makeup people weren't available and Jessica had a sit-in, if Daisy didn't like them, they wouldn't be back."

"Jessica has a very small inner circle," the friend said. "But she always had Daisy. Daisy gave her unconditional love."

All of the sources agreed on one point: It's been a tough year for Jessica Simpson.

"I want her to catch a break," the first friend said. METRO NEWS SERVICES

I still love the old Jon: Kate

PINING FOR THE PAST Kate Gosselin still loves Jon — but not the man she knows now, people.com reports.

"I miss Jon, the Jon I used to know," she told the audience at the Southern Women's Show in Charlotte, N.C., on Thursday.

She also opened up to the crowd of 700 about her failed marriage, adds usmagazine.com.

She revealed that the last year before the breakup, she and estranged husband Jon had considered moving from Wernersville, Pa. — where they own a $1.1 million home — and building a new pad in North Carolina. But the timing was bad.

"Our kids' school and our church kept us there," she said. "It was scary to move so far away."

When a woman told Gosselin she identifies with her because she recently split with her boyfriend, Gosselin told her, "I don't think you want to talk to me about boyfriends or breaking up."

METRO NEWS SERVICES

Justin and Rihanna dating in secret?

ILLICIT ROMANCE Justin Timberlake looks set to break a million hearts after he allegedly began dating Rihanna in secret, femalefirst.co.uk reports.

Timberlake turned up at The Emmys without his girlfriend Jessica Biel, and though he told the press that Biel just had a cold, it's rumoured that the pair had split.

It's no secret that Timberlake and Rihanna have been friends for a while now, but one source is claiming the two are more than friends.

According to a source for Heatworld, "Justin and Rihanna have been seeing each other for the past few weeks. He is really into her and it's only a matter of time before he dumps Jessica." METRO NEWS SERVICES

Celebrity tweets

Lindsay Lohan doesn't approve of Samantha Ronson's activities, Kirstie Alley is filling up her week, and Ashton Kutcher tries to get some perspective.

• @sevinnyne6126 Nice to see @samantharonson has found a party rather than being honest

• @kirstiealley I start,tomorrow, dancing 2 hours a day..YAY...2 days a week. 2 days circuit training and swimming and 2 days hiking and biking..I'm READY!!

• @aplusk If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.

METRO WORLD NEWS

GETTY IMAGES

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Friday Sunny 17° / 9°

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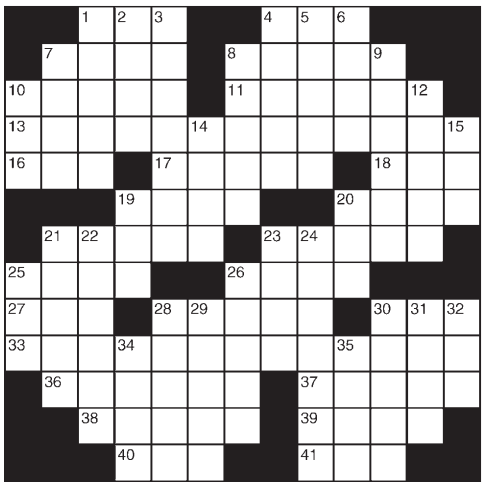

ACROSS

1 Remuneration
4 — Aviv
7 Java neighbour
8 Subject
10 Bert's roomie
11 Left
13 "Good Golly Miss Molly" singer
16 Crucial
17 Denounces
18 Seek damages
19 Not so much
20 Rope material
21 Tolerate
23 Parliamentarians
25 Eager, plus
26 Cage components
27 Witty one
28 Feel one's way
30 Sprite
33 Horn blower of rhyme
36 Thelma's pal
37 O. Henry's specialty
38 Over and done with
39 California wine valley
40 Acquire
41 "Holy cow!"

DOWN

1 Dorm-raid prize
2 Settled down
3 Gave way
4 Poison
5 Grand tales
6 Stone (Suff.)
7 Spreadable cheese
8 Contract clauses
9 Stopped
10 Wapiti
12 Starr's gear
14 Facility
15 Passbook abbr.
19 Cover
20 Store-front sign abbr.
21 Use
22 Hallux
23 Slimming surgery, for short
24 Following orders
25 Piercing tool
26 Judicially clad
28 Move gracefully
29 Put back to zero
30 Run off to wed
31 Moth variety
32 Palin portrayer Tina
34 Mao Tse- —
35 Highland hillside

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	3	4	8					
6				9				2
				6				1
3		2			6		9	
8	9						3	4
	6		1			7		8
7				5				
1				4				6
					7	2	5	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A	M	I	D	■	C	B	S	■
B	A	R	E	■	A	R	E	■
E	X	A	M	■	D	A	T	E
L	I	N	E	D	R	Y	■	A
■	■	■	A	Y	E	■	U	S
P	L	A	N	E	■	D	R	Y
E	O	N	■	■	S	O	L	■
R	U	N	S	O	U	T	■	A
■	■	■	O	W	N	■	G	N
A	P	A	C	E	■	O	U	T
B	A	C	K	D	A	T	E	■
L	I	T	E	■	H	I	S	■
E	R	S	T	■	A	S	S	■

C	A	P	O	4	7	2	9	1
A	R	I	D	8	5	9	2	7
L	I	N	E	6	1	3	4	8
A	S	S	■	7	2	6	1	3
U	S	E	■	9	3	5	6	4
R	U	N	S	1	8	4	5	9
F	O	E	■	2	4	8	3	5
A	R	O	S	3	9	1	7	6
O	U	T	B	5	6	7	8	2
A	C	K	■	6	5	3	1	4
B	L	U	E	3	2	5	4	9
S	P	Y	■	9	8	7	5	6
S	E	R	S	2	7	8	9	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Cider Beef Stew

INGREDIENTS:

2 lbs (1 kg) beef stew meat, cut into 1-in. (2.5 cm) cubes
2 tbsp (25 mL) canola oil
3 cups (750 mL) apple cider or juice
2 tbsp (25 mL) cider vinegar
2 tsp (10 mL) salt, optional
1/4 to 1/2 tsp (1 to 2 mL) dried thyme
1/4 tsp (1 mL) pepper
3 medium potatoes, peeled and cubed
4 medium carrots, cut into 3/4-in. (2 cm) pieces
3 celery ribs, cut into 3/4-in. (2 cm) pieces
2 medium onions, cut into wedges
1/4 cup (50 mL) all-purpose flour
1/4 cup (50 mL) water

METHOD:

1. In Dutch oven, brown beef on all sides in oil over medium-high heat; drain. Add cider, vinegar, salt if desired, thyme and pepper; bring to boil. Reduce heat; cover and simmer 1 1/4 hours.
2. Add potatoes, carrots, celery and onions; return to boil. Reduce heat; cover and simmer 30-35 minutes or until beef and vegetables are tender.
3. Combine flour and water until smooth; stir into stew. Bring to boil; cook and stir 2 minutes or until slightly thickened.

SERVES 8

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Today's Mars-Jupiter link-up is full of potential, especially if you are the sort of Aries who acts fast and likes to be first.

TAURUS ♉
APRIL 21-MAY 21
Make sure you listen to both sides of the story you are about to be told. Be aware of all viewpoints.

GEMINI ♊
MAY 22-JUNE 21
Seek out people who know how to enjoy themselves and avoid those who seem to carry the weight of the world on their shoulders.

CANCER ♋
JUNE 22-JULY 22
You may be behind in your work and you may have fallen short of your aims, but what of it? Life isn't just about earning a living and getting ahead.

LEO ♌
JULY 23-AUG 23
The Sun, your ruler, and power planet Pluto form an explosive angle today, but you need to know what you are capable of.

VIRGO ♍
AUG 24-SEPT 22
There is not much point trying to deny that you have made a mess of something because everyone can see the less than impressive results.

LIBRA ♎
SEPT 23-OCT 23
Is a certain person's optimism justified? Maybe, maybe not, but what happens today will convince you that it is better to be positive in your outlook.

SCORPIO ♏
OCT 24-NOV 22
Strive to make an impression on powerful people — even if you are the sort of Scorpio who does not like to draw attention to yourself.

SAGITTARIUS ♐
NOV 23-DEC 21
There is precious little you cannot do today. With Jupiter, your ruler, linked to fiery Mars your energy and enthusiasm make all things possible.

CAPRICORN ♑
DEC 22-JAN 20
If you push your luck too far the powers that be will not be amused, and you won't be laughing either when you have to pay a penalty of some sort.

AQUARIUS ♒
JAN 21-FEB 18
You need to have faith in people today, especially if you are one of those Aquarians who looks at the world as if it is hoping to cheat you.

PISCES ♓
FEB 19-MARCH 20
Today's Mars-Jupiter link-up will do wonders for your self-belief and you will most likely attempt something you were too afraid to try in the past.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Rear blue birds or Toronto players (1)
2. Picket-line crossers' taxis (1)
3. Wed CNN talk-show host King (2)
4. More lowdown Indy 500 competitor (2)
5. Mr. Munster's Sunday church talks (2)
6. Devilish one primped (1)
7. Outlawing a cashier's laser reading (2)

ANSWERS
1. RAISE JAYS 2. SCABS CABS 3. MARRY LARRY 4. BASHER RACER 5. HERMANS SERMONS 6. FIEND PREENED 7. BANNING SCANNING

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GRADUATE REBATE PROGRAM

™The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Accent L 3 Dr/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Accent GL Sport of $13,895/2009 Santa Fe Limited of $32,445. ¥Prices calculated after deducting price adjustments off the lease/finance starting prices. Price adjustments of $1,000/$3,500 available on a 2009 Elantra Touring L 5-speed/2010 Sonata GL 5-speed. Prices for models shown (after deducting price adjustments): 2009 Elantra Touring GL with Sport Package is $20,195/2010 Sonata Limited model shown is $30,499. ♦¥Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Elantra Touring/$1,495 for 2009 Accent/$1,765 for 2009 Santa Fe/$1,565 for 2010 Sonata, registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ◊Purchase financing available O.A.C. from Hyundai Financial Services on 2009 Elantra/2009 Elantra Touring/2009 Accent/2009 Santa Fe/2010 Sonata models with a finance rate of 0%/0%/0%/0%/0% for 36/36/36/48/48 month terms. Financing example: 2009 Elantra L 5-speed for $11,995 at 0% per annum equals $375 per month for 36 months for a total obligation of $13,490. Starting price is $11,995. Example price includes Delivery & Destination of $1,495. Example price excludes registration, insurance, licence fees and all applicable taxes. ♦¥◊Offers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ΩThe Hyundai Elantra received the lowest number of problems per 100 vehicles among compact cars in the proprietary J.D. Power and Associates 2009 U.S. Initial Quality Study℠. Study based on responses from 80,930 U.S. new-vehicle owners, measuring 245 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. †Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.02L/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the addition of certain vehicle accessories. ‡If you turn in a 1995 model year or older vehicle that is in running condition and has been registered and properly insured for the last 6 months (12 months in B.C.), the Government will provide you with an incentive as part of their Retire Your Ride program. Upon presentation of proof from the Government (acceptable to Hyundai) that your old vehicle qualifies for its program, Hyundai Auto Canada will provide additional Clean Air Cash that must be applied to the purchase of a new Hyundai vehicle in the amount of $500/$500/$500/$500/$500/$1,000/$1,000/$1,000/$500/$500/$500/$1,000/$500/$1,000 (2009 Accent/2009 Elantra sedan/2009 Elantra Touring/2009 Sonata/2009 Tucson/2009 Santa Fe/2009 Genesis Sedan/2009 Veracruz/2009 Azera/2010 Accent/2010 Elantra sedan/2010 Elantra Touring/2010 Genesis Coupe/2010 Sonata/2010 Veracruz). Clean Air Cash will be applied to reduce the after-tax purchase price of your new Hyundai vehicle. By participating in this program you will not be eligible for any trade-in value for your old vehicle. For more information about the Retire Your Ride Program visit www.retireyourride.ca (for residents of B.C. visit www.scrapit.ca). Some conditions apply, see dealer for details. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.